## The highly anticipated next album from Celtic harpist and music healer Trine Opsahl

## ADD COLOURS TO MY SUNSET SKY

Following the massive critical success of her 2012 release, Somewhere in a Hidden Memory (nominated for two Zone Music Reporter music awards: Best Instrumental Album-Acoustic and Best Relaxation/Meditation Album), the talented artist recorded her next album with her daughter and cellist, Josefine (Unbroken Dreams, 2015). In 2018, she and Josefine won the RoundGlass Award for Best Ambient/New Age song for "Drifting on Silky Clouds" from that same album. Now, she has released her third solo recording, Add Colours to My Sunset Sky, a remarkable collection of thirteen soothing soundscapes. Besides her beautiful Celtic harp playing, Trine also adds her haunting wordless vocals to five tracks and the warm drones of a monochord on three selections (the monochord, in sound, resembles the Indian tamboura).



## TRACKS

Songs From A Mountain I	5:41
Sunshine On A Stony Path	6:48
Rosebed Garden	5:15
In A Grain Of Sand	4:57
ETERNITY IN A SONG	6:20
LIGHTLY DANCE INTO THE MORNING	3:13
Songs From A Mountain II	3:50
ROSE OF THE ETERNAL SPRING	6:05
ADD COLOURS TO MY SUNSET SKY	3:19
DIVING INTO AN OCEAN OF LOVE	4:37
Today Will Be Forever	4:02
Leaving On A Thursday Morning	2:30
Graceful Like A River	7:57

All tracks composed, arranged and played by Trine Opsahl. Produced by Franziska Wackerhagen and Heini Ragnarsson. Recorded at the Royal Danish Academy of Music in Copenhagen and Saint Lawrence Church in Roskilde.

No artist embodies the spirit of music as a force for healing more than Trine Opsahl. Using harp therapy within the Danish health care system, this deeply humane and giving artist spends countless hours visiting hospitals and hospices throughout the country, administering palliative care via her soothing melodies and her gentle soul. Patients, as well as staff in attendance, take comfort in the celestial sound of her Celtic harp and the organic and peaceful intonation



of her music. Your listeners will embrace the warmth and beauty of her music even as they feel their cares and worries washed away effortlessly.

Noted reviewer Bill Binkelman (Zone Music Reporter and Retailing Insight magazine) on Add Colours To My Sunset Sky: "Trine Opsahl embodies the very essence of healing and contemplative music and her new album underscores that fact with ease, grace, and beauty. The music on Add Colours To My Sunset Sky takes the listener ever so gently in its embrace, comforting her/him even while its harp melodies and ambient-like soundscapes draw them into a state of reflection and, perhaps, recalling deep-rooted memories, some happy and others sad. Opsahl's wordless vocals, newly featured here, match her exquisite Celtic harp artistry, adding an element of haunting beauty when they are present. Add Colours To My Sunset Sky is a delight from start to finish."

## Also available by Trine Opsahl

The Journey and the Dream (2005), Somewhere In A Hidden Memory (2012), (with Josefine Opsahl) Leaving My Silent And Empty House (2008), Unbroken Dreams (2015)

**Connect with Trine Opsahl** 

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